

## **RAW FOREST FOODS**

## MOUNTAIN HARVEST

THE ORIGINAL FOREST TONIC



Our Mountain Harvest Pine Pollen Tablets are lightly processed to increase digestibility, containing only RAW Pine Pollen and a touch of cane sugar to bind the tablet together.

We wild-harvest this Pine Pollen from remote forests at the peak of potency within a three day window once a year.

Pine Pollen has been historically used as a tonic for promoting full body health.



## **KEY BENEFITS**

- An easy and effective way to integrate Pine Pollen into your routine.
- Tablets can be swallowed whole or chewed.
- Lightly processed preserve the nutritional profile but to maximize digestibility.
- Wild-harvested just once a year at the peak of potency, gathered from remote, clean pine forests located the Himalaya foothills.
- Packaged and processed in the USA in a certified organic, FDA cGMP facility.
- RAW Forest Foods is the first domestic company to offer Pine Pollen.

## **USE & INGREDIENTS**

Our Mountain Harvest Pine Pollen Tablets can be taken whole with several ounces of water, just as any other tablets. They can also be chewed. Enjoy. At RAW Forest Foods, that is our favorite way to use it.

Each package contains 120 ½ grams of our Mountain Harvest Pine Pollen Tablets. Never irradiated and with no fillers or drying agents—just high quality and high integrity from RAW Forest Foods.

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